

## Service Newsletter August 2024

Welcome to another edition of our newsletter! As we step into the warmer months, we have plenty of updates and resources to share with you. If you love working with children, or even if you simply enjoy spending time with your own little ones, we have some fantastic opportunities available! In this issue, you'll also find a fun psyllium slime recipe perfect for sensory play, a new book recommendation to help navigate challenging behaviours, important updates on our policies and some guidance on navigating the NDIS for families with children newly diagnosed with autism. Plus, don't miss out on the great outdoor activity ideas from Nature Play WA to enjoy with your children as the days get brighter. Let's make the most of this season together!

### Do you love working with children?

If you enjoy working with children or even being at home with your own children, Family Day Care could be the job for you. We currently have vacancies for Educators in Broome, Kalgoorlie, Kununurra, Busselton/Dunsborough, Margaret River and Manjimup/Bridgetown. If you have a minimum qualification of a Certificate III in Children's Services, or the equivalent, and don't have a pool, spa or water hazard on your property feel free to contact us for further information. You can also have a look at our [website](#) for more details.

### Psyllium Husk Slime

*Prep 5 mins / Cook 5 mins / PLAY*

This psyllium slime recipe is a great non-toxic alternative to glue slime, and it is easy to make with psyllium husk. It is lovely for children who enjoy sensory play or creating different types of slime. It is also taste-safe, so it is fine for younger children, or children who tend to put things in their mouths. It's particularly great because it has a nice texture and usually isn't very sticky if it is cooked enough.

#### Ingredients

3 tablespoons psyllium husk  
2 cups water (approximately 500ml)  
3-5 drops food colouring

#### Method

Combine all ingredients in a pot

Cook it on the stove

Heat slowly and stir continuously. It will gradually form into a piece of slime at which point you can take it off the heat. Children can play with it once it has cooled



### Another Great Resource

Niki Buchans new book "*But I want to be good*"- *Understanding and Responding to Behaviours that Challenge*. This book has at its starting point that children are doing the best they can in the moment. It looks in depth at potential causes of a range of behaviours that challenge – which typically relate to normal development or unmet needs that cause stress. Cost \$64.95 Available from [www.essentialresources.com.au](http://www.essentialresources.com.au)

**WHERE CHILDREN CAN BE CHILDREN**



## **Policies being Updated**

The following Policies are in the process of being updated. This is your opportunity to have your say and suggest any changes or updates. Please forward any feedback to Info and it will be discussed during our staff meeting.

- Policy 1.6 [Child Protection](#)
- Policy 4 [Serious Incidents, Emergencies and Evacuation](#)
- Policy 9 [Legal and Insurance](#)
- Policy 17 [Anti Bias Equity and Inclusion](#)
- Policy 22 [Fit and Proper Persons Policy](#)
- Policy 28 [Employment of FDC Service Staff](#)
- Policy 35 [CCS Governance Policy](#)

## **Updated Policies**

The following policies have been updated and uploaded to the website:

- Policy 3.1 – Incident, Injury, Trauma and Illness
- Policy 5.3 – Transportation and Safe Arrival of Children
- Policy 23 – Visitors to a FDC Residence or Venue
- Policy 25 – Keeping a Register of Service Staff, Educators, Assistants, Students & Volunteers
- Policy 27 – Provision of Information, Support & Professional Development to FDC Educators & Assistants
- Policy 30 – Engagement of FDC Educators
- Policy 32 – Social Media

## **Pregnancy to Parenthood Clinic (P2P)**

P2P provides no-cost psychological services to parents and babies facing emotional challenges during pregnancy and the first two years of life. Their unique services provided psychological interventions for the entire family, aiming for positive outcomes in the emotional well-being of both parent and baby and supporting healthy parent-child relationships from the very beginning of life.

For further information about what this for-purpose organization do, please visit [www.p2pclinic.com.au](http://www.p2pclinic.com.au)

## **Staff Changes**

Kylie Martin left on 21<sup>st</sup> July to take up a full-time position in the local area, we wish her all the best with her new ventures. Lisa Parker has taken over the role of managing the services finances, Lisa has an extensive background in working in small business. You may see Lisa's name on receipts. All queries to do with finances should be directed to the Admin team of Sandra and Mandy [info@naturealliancefdc.com.au](mailto:info@naturealliancefdc.com.au)

## **Welcome Warmer Weather!**

As the days grow warmer, it's the perfect time for families to embrace the outdoors with their little ones! Whether it's a walk through the park, a nature scavenger hunt, or simply exploring the wonders of your backyard, these moments in nature create memories that last a lifetime. Outdoor adventures not only strengthen the bond between you and your child, but also spark curiosity and a love for nature! For some fun ideas to get you going, check out these great suggestions from [Nature Play WA](#).

## **Navigating the NDIS: Autistic Children**

Getting started with the NDIS can be very overwhelming for families when their child has just received an autism diagnosis. '[Autism: What Next?](#)' explores what the NDIS is, how to ask for what you need and how to make the most of your child's funding.

## **Contact Us**

If you have any queries or feedback regarding the Service or would like to chat about the content of this newsletter, or about your child's care in general, please feel free to [contact us](#) through our website or find us on [Facebook](#).

**WHERE CHILDREN CAN BE CHILDREN**

